

# YOUTH GROUP



Facilitating sport and recreation for young people with physical disabilities in the Wellington Region



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Our Youth Group is for 5 – 18 year olds.

It has been designed so young people can experience a range of opportunities in different sports, recreation and leisure activities.

Through our youth group we aim to provide pathways to sport, opportunities to compete at regional and national levels, social networks for our young members and their families, and improve disability awareness within sport.

Some of our programmes we undertake ourselves.

Some are integrated with mainstream sports.

We have partnerships other sports organisations to assist our Youth Group.

All family members are most welcome.

|                              |                            |                          |
|------------------------------|----------------------------|--------------------------|
| <b>Arts &amp; Crafts</b>     | <b>Athletics</b>           | <b>Boccia</b>            |
| <b>Circus</b>                | <b>Cycling</b>             | <b>Goalball</b>          |
| <b>Sailing</b>               | <b>Skiing</b>              | <b>Swimming</b>          |
| <b>Wheelchair Basketball</b> | <b>Wheelchair Softball</b> | <b>... and many more</b> |



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